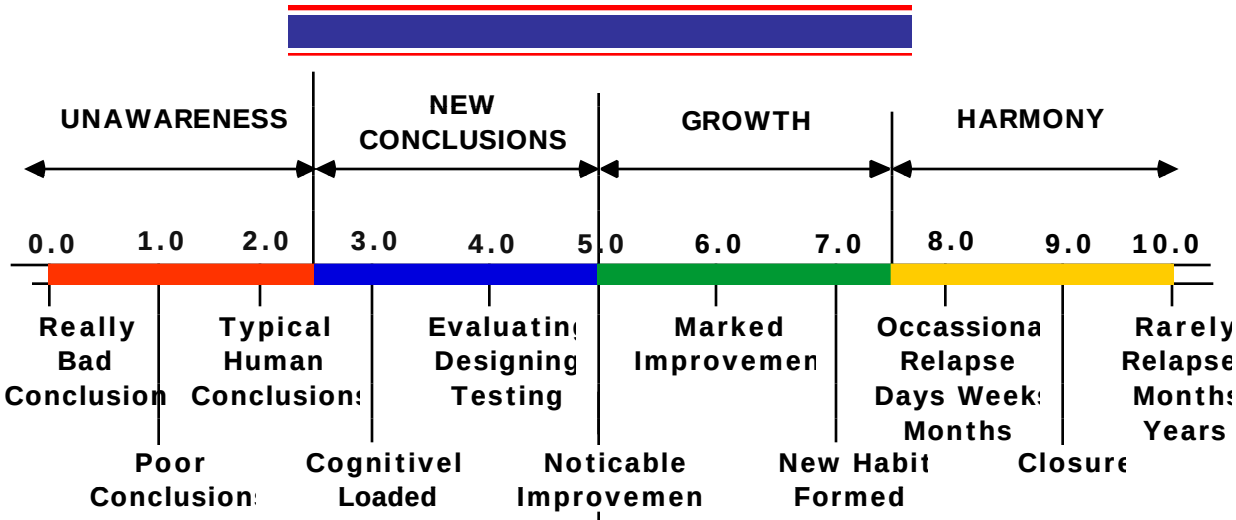
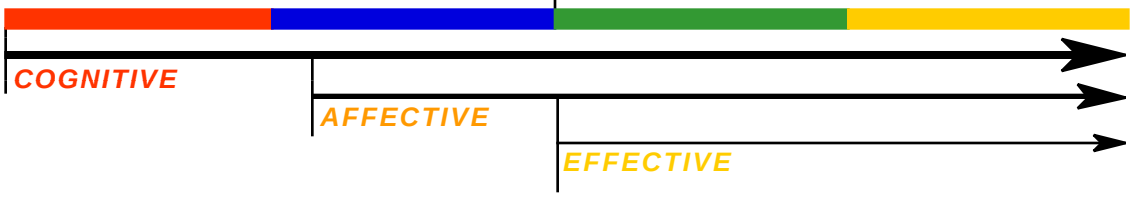


UNAWARENESS
Justifies behaviors
Rationalizes actions
Unawareness prevalent
Transient relationships
Emotionally isolated
Guilt over poor decisions
Harmful to self and others
Condition deteriorating
Life is painful
Tried everything - nothing works
Blames failure on others

GROWTH
Significant closure on problems
Self Esteem more appropriate
Life direction established
New habits formed acceptably
Renewing of old relationships
Restoration of damages begins
No longer pushing others away
No guilt over past C B R
Accountable for personal behavior

MAKING NEW CONCLUSIONS
More open to feedback
Increased self awareness
Commited to learning more
Evaluating old conclusions
Designing new conclusions
Testing new conclusions
Excited by possibilities
Making new friends
Enjoys discussing change
Distinguish persons& patterns
Self condemnation ending

HARMONY
Life goals being achieved
Equal Value - self & others
Controls time & attention
Involved in Culture progress
Turned outward not inward
Transmits personal security
Productive citizen
Experiencing the joy of life
Emotionally stabalized
Helping others become



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